

# BERGEN NEW JERSEY *County*



*Bergen County Executive*  
**James J. Tedesco III**  
*and*  
**Bergen County Board of County Commissioners**

<https://nationaltoday.com/national-alcohol-awareness-month/>

First stated in 1987, National Alcohol Awareness Month was founded by the National Council on Alcoholism and Drug Dependency (NCADD) as an extension to the temperance movement of the 1800s.

Marty Mann founded the National Council on Alcoholism and Drug Dependency (NCADD). She was one of the early members of Alcoholics Anonymous and the first woman to have successfully gone through a 12-step group.

It takes more than a day to educate the American youth about the risks of getting stowed. April marks National Alcohol Awareness Month and is sponsored by the National Council on Alcoholism and Drug Dependence (NCADD) to educate the masses about America #1 health problem: alcohol dependence. Claiming the lives of more than 90,000 people every year, this month focuses on raising awareness about alcohol abuse and dependency before it is fatal.

Encouraged by the massive number of families going into recovery, NCADD marked April to bring about a nationwide change by using communication tools to cultivate awareness about binge drinking and how much more dangerous it can be than just a night of fun.

Use this month of April to throw alcohol-free, clean and healthy parties for adults. Invite over friends, neighbors, and family to enjoy social gathering without any trace of liquor.

**April is  
Alcohol  
Awareness  
Month**

*For more information or for assistance with treatment please call,  
Bergen County Division of Mental Health and Addiction Services  
201-634-2740*

**James J. Tedesco III**  
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