



## EAST RUTHERFORD SCHOOL DISTRICT

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[www.erboe.net](http://www.erboe.net)

Dear Parents and Guardians:

As the holiday season approaches, we ask all parents and guardians to communicate with our health and main offices in regards to any travel plans. Based on NJDOH Guidance issued on November 8th, the East Rutherford School District would like to provide you with updated recommendations for travel. We are requesting that families follow all travel recommendations below in order to continue to keep our school community safe.

To date, **the CDC recommends that travel be delayed for those individuals who are not fully vaccinated.** For those traveling to/from New Jersey, domestic travel is defined as lasting 24 hours or longer to states or US territories other than those connected to New Jersey, including Pennsylvania, New York, and Delaware.

Unvaccinated individuals who have been diagnosed with COVID-19 in the past 90 days (documentation of diagnosis/recovery **MUST** be provided to the School Nurse) **DO NOT** need to be excluded from school if:

1. They have engaged in domestic and/or international travel; or
2. If they have had close contact with someone with COVID-19 and are asymptomatic.

Even if tested negative, the CDC recommends that unvaccinated individuals stay home and self-quarantine for 7 days after domestic or international travel, and for 10 days if they are unable to/unwilling to test.

If a student will be quarantined based on COVID-19 related circumstances, the State of New Jersey has made an allowance for virtual learning. Each case is reviewed independently and under the following considerations:

**(1) Recommended quarantine due to short-term travel:**

- Asynchronous Learning (Google Classroom, email w/teacher, school resources, etc.)
- Daily check-in via Google Classroom for attendance purposes (no check-in = Absence)

**(2) School-mandated quarantine ONLY (possible exposure, close contact, etc):**

- Synchronous Learning (Live Zoom instruction when feasible for all classes)
- Attendance recorded in class on Zoom - failure to attend results in an Absence

Please note that all final determinations of asynchronous/synchronous status will be made at the discretion of the Building Principal and School Nurse in collaboration with the Superintendent of Schools. Additionally, students who are deemed eligible for virtual instruction will receive a confirmation from the Building Principal and/or School Nurse regarding their virtual learning status.

It is important to point out that all information is subject to change at any given time based on updates from the CDC and NJDOH. The District will continue to monitor, evaluate, and communicate changes in a timely fashion. Finally, please see below for additional resources for your information.

**CDC Travel Recommendation Chart - As of November 18th**

<u>Unvaccinated - Domestic Travel</u>	<u>Vaccinated - Domestic Travel</u>
<ul style="list-style-type: none"> <li>● Delay travel if possible</li> <li>● RECOMMENDED to get tested 1-3 days before their trip and 3-5 days after travel.</li> <li>● Self-monitor for COVID-19 symptoms, and isolate and get tested if they develop symptoms.</li> <li>● Even if they test negative, individuals are RECOMMENDED to stay home and self-quarantine for 7 days after domestic travel, and for 10 days if they are unable to test.</li> </ul>	<ul style="list-style-type: none"> <li>● Fully vaccinated OR recovered from COVID-19 in the past 3 months do not need to get tested or self-quarantine after travel.</li> <li>● Self-monitor for COVID-19 symptoms, and isolate and get tested if they develop symptoms.</li> </ul>
<u>Unvaccinated - International Travel</u>	<u>Vaccinated - International Travel</u>
<ul style="list-style-type: none"> <li>● <b>Do not travel internationally until you are fully vaccinated</b></li> <li>● RECOMMENDED to get tested 1-3 days before your trip.</li> <li>● A negative COVID-19 test result taken no more than 1 day before travel.</li> <li>● After arrival to the United States, RECOMMENDED to get a PCR Test 3-5 days after travel</li> <li>● Self-monitor for COVID-19 symptoms, and isolate and get tested if you develop symptoms.</li> <li>● ONLY a PCR COVID-19 test will be accepted for ERBOE consideration. Rapid tests are excluded.</li> <li>● Unvaccinated travelers who get a PCR Test <b>REQUIRED to stay home and self-quarantine for a full 7 days, even if the PCR test negative</b></li> <li>● Unvaccinated travelers <b>REQUIRED to stay home and self-quarantine for a full 10 days if they are unable to/decide not to test</b></li> </ul>	<ul style="list-style-type: none"> <li>● Proof of full/complete vaccination <b>MUST</b> be submitted to the School Nurse for a student to be considered Vaccinated</li> <li>● After arrival to the United States, RECOMMENDED to get tested 3-5 days after travel</li> <li>● Proof of vaccination and a negative COVID-19 test result taken no more than 3 days before travel.</li> <li>● Self-monitor for COVID-19 symptoms, and isolate and get tested if you develop symptoms.</li> <li>● ONLY a PCR COVID-19 test will be accepted quarantine or be excluded from school</li> <li>● for ERBOE consideration. Rapid tests are excluded.</li> <li>● Fully vaccinated travelers DO NOT need to quarantine or be excluded from school</li> </ul>

- [NJ travel recommendations](#)
- [CDC international travel recommendations](#)
- [CDC domestic travel recommendations](#)

Thank you for your continued support in keeping our school community safe. Your continued collaboration with all District staff is appreciated and helps to ensure the wellbeing of our entire school community.

Happy and healthy Thanksgiving to you and your families.

Sincerely,

Brian Barrow and Regina Barrale  
Building Principals